

Brussels Friday April 7th, 2006

ANTHROPOMETRIC TRAINING SESSION FOR CHOP AND EARNEST PARTNERS

09:00: Welcome and introduction by MF Rolland-Cachera

09:05 – 12:00 C Chumlea

09:05 – 09:20: Anthropometrical experience (Fels study, MGRS)

09:20 – 09:50: Visualization and comments about the MGRS Video

09:50 – 10:20: Practical session with two children measured by C Chumlea

10:20 – 10:50: Practical session with one adult measured by C Chumlea, discussing also special situations (e.g. pregnancy, obesity, puberty)

10:50 -11:10: Coffee Break

11:10 - 11:20: How to describe precision of anthropometric measures (H Demmelmair)

11:20 - 11:30: Experience from the training session in Milan (MF Rolland Cachera)

11:30 - 12:00: Special questions from participants

12:00-13:00 - Lunch

13:00 – 17:00 : C Chumlea

13:00 - 14:00: Training session with two children, aged 3 or 3,5 years, which are measured in parallel by the participants

14:00 - 14:15: Discussion (comments by C. Chumlea, differences in measurements and the limit of the tolerance, cooperation of children, calibrations of instruments etc...)

14:15 – 14:30 Break

14:30 - 15:30: Training session with 2 other children, aged 3,5-6 years

15:30 - 15:45: Questions and discussions

15:45 - 16:00: Break

16:00 - 16:45: Training session with 2 (possibly obese) children aged 4-6 years

16:45 - 17:00: Discussion and Conclusion

Anthropometric equipment to be used:

SECA 702

SECA 242 + Table with a height of 50 cm

Anthropometric tapes for measuring the circumferences

Skin fold calliper

Heel-knee calliper

Sliding calliper