

PROBIT III Training Week Draft
2.5 days Sept 2007
Thursday 6th (8.30am – 6.00pm),
Friday 7th (9.00am – 5.30pm) and evening reception
and Saturday 8th (9.00am – 1.30pm)
Minsk, Belarus

DAY 0 Wednesday Paediatricians arrive			
DAY 1 Thursday			
8.30-9.00	Welcome session Irina Mitroshanka and Konstantin Vilchuck		
9.00-9.20	Welcome session Mike	Thank the paediatricians for PROBIT II, introduce PROBIT III.	All
9.20-10.00	Lecture Richard	Overview of PROBIT III <ul style="list-style-type: none"> • Description and aims of the study • Information to be collected • Overview of the examination of the children 	All
10.00-10.30	Lecture Mike	<ul style="list-style-type: none"> • Logistics and roles • Locating the Children 	All
10.30-11.00	Coffee break		
11.00-11.40	Lecture Ying/Nina	Glucometry & Blood collection <ul style="list-style-type: none"> • Reason for collecting blood spots • Why we are doing Glucometry • Coding, Internal and External Quality Control • Normal range for glucometry and action when readings are outside the normal range • Fasting 	All
11.40-12.10	Video	Part 1 Glucometry & Blood collection	All
12.10-1.00	Demonstration By group leaders in individual groups	Glucometry & blood collection <ul style="list-style-type: none"> • Start-up • Calibration with Code key • Internal Quality Control, checking Quality Control Values • Taking a glucometer reading • External Quality Assessment (EQA) • Trouble-shooting Maintenance • Blood spot collection 	Groups
1.00-2.00	Lunch break		
2.00-3.30	Practical	Paediatricians practice glucometry and blood spot collection on each other. <ul style="list-style-type: none"> • Calibration with Code key • Internal Quality Control • Taking a Glucometer reading • External Quality Assessment (EQA) • Trouble-shooting Maintenance 	Groups
3.30-4.00	Coffee break		
4.00-4.30	Lecture/Discussion Matt	Measurement of pubertal development using Tanner staging	All
4.30-5.00	Lecture Richard/Rita	Consent and data forms <ul style="list-style-type: none"> • Telephone consent form • Consent and assent forms 	All

- Pre exam instruction letter for fasting
- Child identifying information

5.00-6.00

Lecture
Mike

PROBIT II update

All

DAY 2 Friday			
9.00-9.20	Discussion Ying/Nina	Recap glucometry and blood spot collection, answer any questions, and feedback from the practical, points for clarification.	All
9.20-9.50	Lecture Mike	Anthropometry & measurement error <ul style="list-style-type: none"> • Measurement error – evidence from PROBIT II • Reinforce what was done well in PROBIT II and focus on more difficult measurements, and skinfolds 	All
9.50-10.30	Video	Part 2 NHANES video extract	All
10.30-11.00	Coffee break		
11.00-12.30	Demonstration	Anthropometry <ul style="list-style-type: none"> • Standing height • *Sitting height- with standardised study stool and foot stool • Head circumference • Child's waist circumference • *Child's hip circumference • *Triceps skinfold • Subscapular skinfold • Child's upper arm length • Mid upper-arm circumference *Concentrate on these	Groups
12.30-1.30	Lunch break		
1.30-2.00	Lecture Matt	Blood Pressure <ul style="list-style-type: none"> • Theory of blood pressure measurement • Importance of standardising the procedure • Common mistakes • Parent's blood pressure measurement • Child's upper arm length and mid upper-arm circumference (from previous session) • Importance of cuff size • Child's sitting blood pressure • Normal ranges and actions when readings are outside the normal range 	All
2.00-2.20	Video	Part 3 Blood pressure	All
2.20-2.50	Coffee break		
2.50-3.50	Demonstration and Practical	Blood pressure measurement Paediatricians practice blood pressure measurements on each other	Groups
3.50-4.20	Lecture Richard	Weight and Bioelectrical Impedance <ul style="list-style-type: none"> • Why we are doing it & how it works 	
4.20-4.40	Video	Part 4 Weight and Bioelectrical Impedance	All
4.40-5.30	Demonstration and Practical	Weight and Bioelectrical Impedance Paediatricians practice on Bioimpedance measurement on each other and changing paper roll on Tanita.	Groups
8.00-11.00	Reception Dinner		

DAY 3 Saturday			
9.00-9.30	Discussion Mike/Matt/ Richard	Recap anthropometry, blood pressure measurement and bioimpedance, answer any questions, and feedback from the practical, points for clarification	All
9.30-10.30	Lecture Richard	<p>Questionnaire</p> <ul style="list-style-type: none"> • Breastfeeding history • Child's medical history • Maternal and Paternal medical history and family history • Medications • Children's eating attitude test • Household information <p>Chart Review Questionnaire What needs to be collected and completing the data form</p>	All
10.30-11.10	Lecture Donna	<p>Monitoring visits and Audits</p> <ul style="list-style-type: none"> • When they take place • What they are for 	All
11.10-11.40	Coffee break		
11.40-12.15	Discussion Richard and Mike	<p>Discussion and feedback, including any changes to MOP</p> <ul style="list-style-type: none"> • Reinforce the ages to see the children (oldest children first) • When to start (as soon as they get back to their polyclinics) • Scheduling visit and fasting instructions • Letter to parents • Doing bloods in schools 	All
12.15-12.30	Closing session Mike	Thank the paediatricians for coming and taking part, and look forward to working together	All
12.30-1.30	Lunch break		