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CME Accredited eLearning for Healthcare Professionals

Micronutrients in Pregnancy and Lactation

12 German CME

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The Early Nutrition eAcademy

What is ENeA?

The Early Nutrition eAcademy offers CME accredited eLearning modules covering topics in the areas of early nutrition and lifestyle for healthcare professionals.

- We provide comprehensive theoretical knowledge and practical applications based on current international recommendations and the latest scientific findings.
- Modules are written and reviewed by leading international experts in the field of early nutrition.



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MODULE

Micronutrients in Pregnancy and Lactation

Good nutrition is fundamental for good health, and is especially important for women during pregnancy and the lactation period. Additional maternal energy requirements during pregnancy and lactation are only 10% higher than in the non-pregnant or non-lactating state. However, the requirement for some micronutrients increases considerably and may have profound consequences for fetal development.

In this module, critical micronutrients for pregnancy and lactation are discussed in detail. An overview of relevant nutrients is presented, including biological function, physiological requirements and consequences for optimal fetal and infant development.

This Module is kindly financially supported by:

