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CME Accredited eLearning for Healthcare Professionals

LC-PUFAs in Pregnancy, Lactation and Infancy

11 German CME

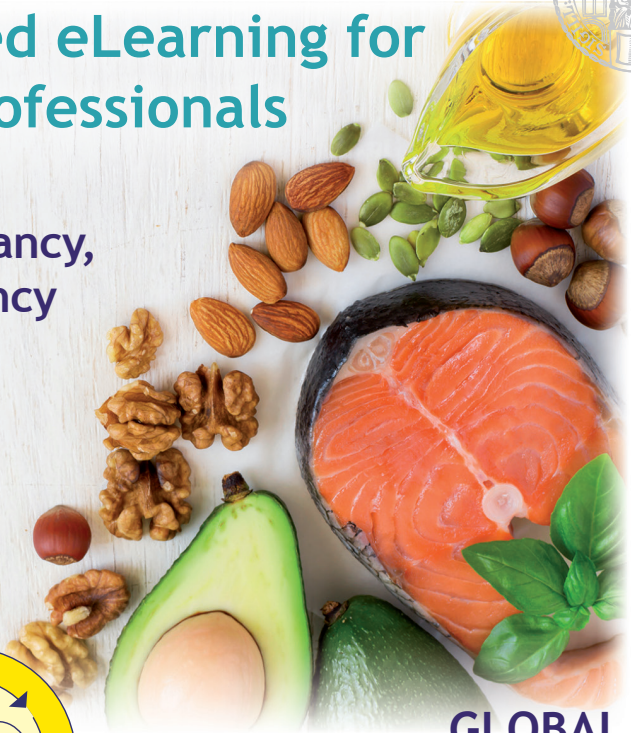
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ENeA GLOBAL
The Early Nutrition eAcademy



What is ENeA?

The Early Nutrition eAcademy offers CME accredited eLearning modules covering topics in the areas of early nutrition and lifestyle for healthcare professionals.

- We provide comprehensive theoretical knowledge and practical applications based on current international recommendations and the latest scientific findings.
- Modules are written and reviewed by leading international experts in the field of early nutrition.



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FOCUS
MODULE

LC-PUFAs in Pregnancy, Lactation and Infancy

Fat is the most energy dense macronutrient. The human body requires dietary fats not only as an important energy source, but also for many physiological functions. Early life, pregnancy and lactation are life stages associated with special LC-PUFA requirements. Healthy growth, development, vision, neurological and immune function are closely linked to LC-PUFA intake.

In this module, the perinatal importance of LC-PUFAs from pregnancy until late infancy will be discussed in detail. An overview of chemistry, metabolism and physiological action will be discussed. Strong focus is placed on health outcomes for mother and child, as well as recommended intake over different life stages.

This Module is kindly financially supported by:

